



Select the day you would like to view

Monday
Tuesday
Wednesday
Thursday
Friday





# Breakfast

## Blueberry Chia Toast 360 Cal

Fresh blueberries, chia seeds, Greek yogurt spread, Iggy's bread

## Smoked Salmon Tartine 320 Cal

Cold smoked salmon, everything bagel cream cheese, pickled red onions, snipped chives, Iggy's sourdough

### Chai Almond Toast 270 Cal

Almond butter, chai roasted apples, candied almonds, honey, lggy's bread

### **Peanut Butter Power Toast 270 Cal**

Creamy peanut butter, chia seeds, sliced banana, Iggy's bread

## Spring Florentine Egg Bite 170 Cal

Spinach, tomatoes, and caramelized onion

## Classic Lorraine 300 Cal

Crispy bacon and Swiss cheese

# Lunch

Carvery Combos410-730 Cal Mexican Street Corn Wrap, California Turkey, or create your own	\$9.99
Poke Bowl 450-700 Cal  Ahi tuna OR chicken with rice, cucumber, avocado, sweet onion, spicy mayo, scallion, and unagi sauce	\$10.99- \$11.99
Create Your Own Greens & Grains Bowl 605-780 Cal With your choice of base yeggies, protein, and sauce	\$11.49





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Carvery Combos 410-730 Cal Mexican Street Corn Wrap, California Turkey, or create your own	\$9.99
Meatball Sub 600 Cal  Meatballs slowly simmered in a robust marinara sauce, finished with provolone cheese on an artisan roll	\$9.99
Create Your Own Greens & Grains Bowl 605-780 Cal With your choice of base, veggies, protein, and sauce	\$11.49





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Carvery Combos410-730 Cal Mexican Street Corn Wrap, California Turkey, or create your own	\$9.99
Build Your Own Mac & Cheese Bowl 650 Cal Creamy mac & cheese with your choice of toppings	\$10.99
Create Your Own Greens & Grains Bowl 605-780 Cal With your choice of base, veggies, protein, and sauce	\$11.49